THE COUNSELORS'CORNER

Herschel Jones Middle School Winter Volume



December 1, 2023

Home of the Tigers!

Counselor Tiger Information

Family Resources:

Family Alliance of Paulding, Inc. provides a free, online parenting class on Thursdays 6:30-8 p.m. Anyone can attend and can start at any time. There are 10 sessions to complete the course. We do one or two sessions per week.

Please see registration link below:

https://us02web.zoom.us/meeting/register/tZcpcO2urzgjHNDERQMs8Jc-0kSqGY0mPa4-#/registration

<u>Self-Care for Parents:</u> Proof - Supporting Neurodiverse Students (childmind.org)

988 Suicide and Crisis Lifeline:

samhsa.gov/sites/default/files/988-you-matter.mp4

MESSAGE FROM THE COUNSELORS

Dear Parents,

Thank you for all that participated in Pennies For Paulding. HJMS raised a Total of \$1,112.88, one of our highest totals ever! Congratulations to top Homerooms:

3rd place: Ms. Sigler / Ms. O'Connor& Ms. Riley

2nd place: Ms. Jacobson

1st place: Ms. Hahn

The money raised will help fund Hope For Christmas which will assist families right here in Paulding County!

Sincerely, Dr. Shawn Shavers-Sublett & Melissa Crawford (School Counselors)

Merry Christmas and Happy New Year!



IMPORTANT DATES TO REMEMBER

Dec. 18-19 Early Release

Dec. 20-Jan 4 Christmas Break

January 15 MLK Day

January 16 PCHS Visit for 8th grade

February 15 8th Grade Parent Night at East Paulding High School (5-6:30 p.m.)

March 28 8th Grade Parent Night at Paulding County High School (6:00 p.m.)

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Character Education

August: Courtesy trait is shown by polite, courteous behavior toward others in words and action **6**th **grader: Sarina Maharaj-Ragoonanan**

September: Patriotism trait is love of one's country 7th grader: Ellie Ashley

October: School Pride is playing a contributing role in improving aspects of the schools environment 8th grader: Tommie Davis

This months character trait is November: Generosity - giving and sharing your time and talents in your community

COUNSELOR REMINDERS

- School Wide Expectations of students at Herschel Jones Middle School (Tiger Pride)
 - 1.) P-Prompt (being on time; materials ready to begin work)
 - 2.) R-Respect each other and each other's belongings
 - 3.) I-Take responsibility for my education and behavior
 - 4.) D- Give best effort on all activities and assignments
 - 5.) E-Complete all assignments to the best of your abilities
- Students should be on their best behavior every day.
- Students who will not follow the student expectations may be placed in our Success Center classroom for a portion of the day or the entire day depending on the level of infraction and other consequences and suspension as a final action.
- Students are to follow the school bus rules and guidelines at all times.

COUNSELOR TIPS

Avoiding Homework Hassles, Consider these tips to help with homework.

- Keep in touch (Always keep the communication between parents & teachers strong by checking the parent portal daily and reaching out to your child's teacher consistently.
- Slow Down (Take the time to lend a helping hand, if only to keep your child on track).
- Work Space (Create a space nearby in your home where you can be available in case your child needs additional help).
- Praise (Your child may act like it's no big deal, but sincere praise is appreciated at any age. Parents can use such phrases as: "You've really thought this through", "This is going to be a great report".